



Y O G A C E N T E R

827 SE 9th Street ~ Deerfield Beach ~ Florida 33441

9 5 4 ~ 4 2 7 ~ 2 3 5 3

Web Site: www.yogacenterdb.com

Sing The Body A Chakra Opening Workshop

Use your voice to tone each sound with the colors of the chakras.

The music, colored lights and affirmations are specifically created to open each chakra center.

Take a journey from the Red of your Life Force to the White Light of your Spiritual Being.

Be in harmony with your highest self . . . allow problems to solve naturally.

Discover your own experience of integration, healing and wholeness.

**You will be lying down and fully relaxed for this workshop.*

Led by Dotty Zevin, ERYT, Former Director of the Yoga Center.

SATURDAY, April 8, 2017 2:30 PM - 4:30 PM

** Limited to 16 participants . . . room must be set up in advance.*

** \$25.00 Must be pre-paid by April 7th to guarantee space.*

For more details,

call Dotty (561-330-0168 or 561-859-5512)