

ADVANCED YOGA TEACHER TRAINING

TEACHING YOGA DEEPER

CORE TEACHINGS

ROOTS AND SYMBOLISM

June 3, and 4, 2017

Sat, 1:15-5:15; Sun, 8-5
954- 427-2353

Yoga Center
827 SE 9th St
Deerfield Beach, FL 33441
info@yogacenterdb.com



INCLUDES:

Materials from *Teaching Yoga Deeper* book

Philosophy from Vedic roots through proto-yoga

Functional anatomy of roots and foundations

Subtle anatomy of first and second chakras

Symbolic forms of Kali, Saraswati, and Naturaj

\$225

12 hours apply toward 500 hour Advanced Yoga Teacher or CEUs

Christine Apter, PhD, ERYT 500