

YOGA for Children with Autism and Special Needs

LEVEL 1

12-Hour Training Course

for yoga teachers, educators and therapists

Yoga teachers, OT's and OTA's may use these hours for CEU's or toward the 500 hour Yoga Alliance certification.

Saturday, November 18 | 1:15 – 6:15 pm

Sunday, November 19 | 9:00 – 5:00 pm

Yoga Center of Deerfield Beach

827 SE 9th Street

Deerfield Beach, FL 33441

The Training Course Includes:

- Louise's new book: *Yoga Therapy for Children with Autism and Special Needs*
- *Yoga for Children* DVD
- Certification

Course Cost: \$250

Instructor: Louise Goldberg
MA, ERYT 500

Register by: November 10, 2017



- Learn to teach yoga to children with Autism Spectrum Disorders, ADHD, Sensory Processing Disorders, Anxiety
- Effective communication techniques
- Curriculum for varied learning styles
- Developing self-regulation skills
- Yoga for public schools, groups & privates
- HAVING FUN

Register online for both Level 1 & Level 2 and SAVE! Visit CreativeRelaxation.net for details.



A Creative Relaxation® Certification Course

The teaching principles of Creative Relaxation®

- Create a sacred space
- Engage the child
- Provide tools for success
- Develop opportunities for independence

Louise Goldberg

louise@yogaforspecialneeds.com

954-579-1604 • 800-960-5072

REGISTRATION FORM

or register online at www.yogaforspecialneeds.com

NAME _____

ADDRESS _____

PHONE _____

CELL _____

E-MAIL _____

Please include this form with your payment and send to:
Relaxation Now • PO Box 93-6123 • Margate, FL 33093

Louise Goldberg, MA, ERYT500, is the author of *Yoga Therapy for Children with Autism and Special Needs*, (WW Norton, 2013). She leads teacher trainings nationally, and has been a consultant with the Broward Schools for over 25 years. She is on the faculty of the teacher training at the Yoga Center of Deerfield Beach and is co-author of *S.T.O.P.* and *Relax© 2010, Your Yoga Special Needs Toolbox*.

