

YOGA for Children with Autism and Special Needs

LEVEL 1 IN-PERSON OR VIA ZOOM

11-Hour Certification Course for yoga teachers, educators and therapists

Yoga teachers, C-IAYT's, OT's & OTA's may use these hours for CEU's or toward Advanced Yoga Alliance certifications.

Saturday, December 3 | 1:15pm – 6:15pm
Sunday, December 4 | 9:00am – 5:00pm

Yoga Center of Deerfield Beach
811 SE 8th Ave, Suite 207
Deerfield Beach, FL 33441

Course Curriculum:

Louise's first book: *Yoga Therapy for Children with Autism and Special Needs*

Please bring your own copy, or copies may be purchased at the Yoga Center or on-line.

Course Cost: \$225

Instructor: Louise Goldberg, MA, ERYT500, C-IAYT

In-Studio space limited for social distancing.



- Learn to teach yoga to children with Autism Spectrum Disorders, ADHD, Sensory Processing Disorders, Anxiety
- Effective communication techniques
- Curriculum for varied learning styles
- Developing self-regulation skills
- Yoga for public schools, groups & privates
- HAVING FUN

The teaching principles of Creative Relaxation®

- Create a sacred space
- Engage the child
- Provide tools for success
- Develop opportunities for independence



A Creative Relaxation®
Certification Course

Louise Goldberg
louise@yogaforspecialneeds.com
954-579-1604
www.creativerelaxation.net/cr

REGISTRATION INFO

Visit below to register.

In-Studio: Click [HERE](#)



On-Line: Click [HERE](#)



Louise Goldberg, MA, ERYT500, C-IAYT, is the author of *Yoga Therapy for Children with Autism and Special Needs*, (2013) and *Classroom Yoga Breaks* (2017) and is co-author of *S.T.O.P. and Relax, Your Yoga Special Needs Toolbox*©2016, Rev 2014. She has been a consultant for the Broward schools, teaches internationally, and is the owner/director of the Yoga Center of Deerfield Beach.

